

## Connecting Matters

A new group for people who want more connections in their life.

Every day connections are more important than we ever believed. They help us learn better, work better, parent better. When we experience tough times, they help us heal. With each connection, we develop a healthier, stronger community.

Join *Patti Christensen, LCSW* for an informal, drop-in support group designed to create more connections in your life.

Connecting matters. You matter.

Wednesdays May 10, 17, & 24 11:30 a.m. - 12:45 p.m. To register all: 760-466-8871 or just drop in!

Fallbrook Regional Health District Community Wellness Center 1636 E. Mission Rd., Fallbrook, CA



HEALTH