

# THERAPIST - CSED

Children with Social & Emotional Difficulties

#### OUR STORY

Palomar Family Counseling Service (PFCS) is one of most recognized and respected providers of mental health services in North San Diego County. Established in 1956, PFCS is a 501(c)(3) nonprofit organization dedicated to providing comprehensive services that are professional, personal, and affordable. In addition to office-based clinical services such as individual, couples, or family therapy, PFCS offers services in schools, child development centers, and homes. PFCS also offers psychoeducation groups to treat domestic violence and anger management, as well as school-based prevention and early intervention services. Our main office is in Escondido and we have satellite offices in Vista and Fallbrook.

PFCS has an annual budget of over \$6 million and a dedicated team of 80+ licensed and pre-licensed therapists, case managers, and administrative professionals. Each year we serve over 6,000 individuals. Our enduring mission is to support and strengthen children, youth, adults, families, school and communities. As we look to the future of San Diego County, we continue to envision and implement ways to ensure a healthy and vibrant community for our fellow citizens.

#### **LEADERSHIP & CULTURE**

Palomar Family Counseling Services is led by a dynamic leadership team dedicated to fostering a culture of autonomy, inclusivity, and growth. Lisa Turner, LCSW, has been with the organization over 20 years and has been the Executive Director since 2015. Our 15-member Board of Directors is comprised of North County residents with expertise in the fields of business, law, mental health, health care, and education. The CSED Program is managed by Analia Chapero, LMFT.

Our passionate and dedicated staff strive to provide effective and evidence-based care with skill and sensitivity. It is our goal to provide the highest standards of professional service. We believe all individuals possess strengths and the capacity for positive growth.

#### **POSITION SUMMARY**

As a part of the CSED Team the Therapist will join an energetic and talented team of staff working collaboratively to serve children ages 0-5 with severe social, emotional, and behavioral difficulties. We provide this service under contract with the County of San Diego and in partnership. The CSED model offers therapy to address challenging behaviors and improve school readiness, coaching and support to improve parent-child relationships, and a full continuum of services to ensure family stability. The Therapist works with children and their families to assist them to accomplish goals that are important to the health, well-being, safety and stability of the family.

## **DUTIES & RESPONSIBILITIES**

- Conduct comprehensive assessments to evaluate the mental health needs of children and families.
- Develop and implement individualized treatment plans based on assessment findings, utilizing evidence-based therapeutic interventions.
- Develops and maintains collaborative relationships, as needed, with key personnel at preschools, kindergartens, and child development centers served
- Provides delivery of Incredible Years Treatment Model to young children and their families
- Provides classroom observation and guidance for preschools, child development centers and kindergartens as indicated
- Monitor and evaluate clients' progress, regularly reassessing treatment goals and modifying interventions as necessary.
- Advocate for clients and their families to access appropriate community resources and support services.
- Maintain accurate and timely documentation of client interactions, treatment plans, progress notes, and other required documentation in accordance with San Diego County QI/Cerner documentation standards.
- Participate in team meetings, case conferences, and trainings to enhance professional development and foster a collaborative work environment.
- Adhere to ethical guidelines and professional standards in all aspects of service delivery.
- Performs other related duties as assigned by supervisor.



#### **BENEFITS & FEATURES**

- Salary: \$27 \$32 / hour.
- Medical, dental, vision coverage available
- Life insurance; Long term disability
- Vacation and sick leave accrual
- 13 paid holidays
- 403b Retirement Plan

# LOCATION

This position is based in our Escondido office. Services are also provided primarily in the community and at designated school sites or early childhood education centers in the region.

# **BACKGROUND PROFILE**

- Master's degree in Social Work, Counseling, Psychology, or a related field, along with current registration with the California Board of Behavioral Sciences as an LCSW, LMFT, LPCC, Marriage and Family Therapist Intern, or an Associate Social Worker.
- The ideal candidate will possess a minimum of two years of experience in delivering direct child, youth, and family mental health services.
- Understanding of early childhood behavioral and developmental health issues, early childhood development, and social learning theory.
- Experience working with diverse populations, including children and youth from various cultural, ethnic, and socioeconomic backgrounds.
- Knowledge of trauma-informed care and evidence-based practices in child and youth mental health.
- Familiarity with the California mental health system and community resources available to children and families.
- Ability to work effectively in a fast-paced, dynamic environment, managing multiple priorities and deadlines.
- Strong interpersonal skills, including the ability to establish rapport with clients and build therapeutic relationships.
- Excellent communication skills, both verbal and written, with the ability to convey complex information in a clear and concise manner.
- Proficiency in using electronic health record systems and other technology tools to support documentation and treatment planning.
- Commitment to ongoing professional development and staying updated on best practices in the field of child and youth mental health.
- Experience collaborating with schools, child welfare agencies, and other community partners to provide coordinated care.
- Possess a valid driver's license and adequate auto insurance.
- Trustline Clearance and negative TB results are required.
- Bilingual proficiency in English and Spanish (preferred).

## FOR MORE INFORMATION OR TO APPLY, PLEASE CONTACT:

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