

CLINICAL WORK WITH LATINX POPULATIONS

March 27, 2024
8:45 A.M. - 12:00 P.M. &
one hour required reading

The Hive at Leichtag Commons
441 Saxony Road
Encinitas, CA 92024

There will be one 15 minute break.
REGISTRATION OPENS AT 8 A.M.



TARGET AUDIENCE:
**THIS COURSE IS DESIGNED FOR MENTAL
HEALTH PROFESSIONALS IN BOTH PRIVATE
AND GROUP PRACTICE.**

COURSE DESCRIPTION & EDUCATIONAL GOALS:

Latinx are the largest ethnic-minority group in the U.S. making up about 18% of the population and are likely to become the largest minority group to utilize mental health services in the near future. Compared to their U.S.-born White counterparts, first-generation Latinx immigrants have higher rates of psychological distress, in part due to immigration-related stressors such as language barriers, familial separation, and financial strain.

This workshop covers the basics of Latinx demography, culture, & therapy principles with Latinx families. Educational goals include:

- Learn the basics of Latinx demography, culture, & therapy principles with Latinx families.
- Develop a pro-cultural/immigration narrative highlighting Latinx families' suffering, strengths, & resilience based on facts /research.
- Learn basic facts about immigration & DACA (Deferred Action for Child Arrivals) that have large impacts on these families.
- Learn ways to build rapport with Latinx clients, including advocacy & case management.

LEARNING OBJECTIVES:

- Participants will identify 5 ways to build rapport with Latinx clients.
- Participants will explain 4 impacts of DACA and immigration on Latinx families.

INSTRUCTOR INFORMATION:

Dr. Jason N. Linder, Psy.D., LMFT is a licensed bilingual therapist specializing in relationship, trauma, addiction-related, and mindfulness therapies. He is certified in the evidence-based therapy EMDR by the EMDR International Association, and trains EMDR therapists as an EMDRIA-approved Consultant and accredited EMDR-HAP facilitator. Dr. Linder owns a private practice in Scripps, San Diego.

COST:

This workshop is offered free of charge to PFCS. \$50 for non-PFCS staff.

TO REGISTER:

Follow this [LINK](#) to register. For more information contact cduvall@pfcs.agency. if you are unable to attend after registering, please contact cduvall@pfcs.agency 24 hours prior.

ACCOMMODATIONS:

To request accommodations for special needs, please email cduvall@pfcs.agency.

GRIEVANCES:

To obtain the grievance policy or to report a grievance please email cduvall@pfcs.agency or call 760.741.2660

CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

**Course meets the qualifications for 4 hours of
continuing education credit for LMFT's, LCSW's,
LPCC's and LEP's as required by the California
Board of Behavioral Sciences.**

Required Readings:

Please read at least 3 of the following articles prior to the training and/or the three that are included in your confirmation email.

Come prepared to share new insights and ideas.

[The Perilous Blindspots of Notions of Cultural Competence](#)

[Bilingualism as a Necessary Clinical Competence](#)

[Therapy with Latinx DACA Clients and their Families: A Therapist's Primer](#)

[What White People Should Know About Racism](#)

[Mindfulness Interventions for Latinx Immigrant Couples: Contextual and Cultural Considerations](#)

[What You May Not Know About Being Trans or Nonbinary](#)



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