

CONCEPTUALIZING AND SUPPORTING FAMILIES AND CHILDREN THROUGH AN ATTACHMENT-BASED APPROACH

May 15, 2024
8:45 A.M. - 12:00 P.M.

The Hive at Leichtag Commons
441 Saxony Road
Encinitas, CA 92024

There will be one 15 minute break.
REGISTRATION OPENS AT 8 A.M.



TARGET AUDIENCE:
THIS COURSE IS DESIGNED FOR MENTAL HEALTH PROFESSIONALS IN BOTH PRIVATE AND GROUP PRACTICE.

COURSE DESCRIPTION & EDUCATIONAL GOALS:

This course will introduce an understanding of brain-based approaches to parent-child relational therapy. Participants who work directly with children and their families will benefit from exploring how to conceptualize parent-child dyadic challenges and how to utilize play, systemic, and attachment-based interventions. Pulling from the work and research of Dr. Daniel Siegel, Dr. Daniel Hughes, and Dr. Bruce Perry, participants will also explore how child development impacts the therapeutic process and how we can use those concepts to create effective change for our clients.

Through this course, participants will enhance clinical and conceptual skills in dyadic therapy between primary caregivers and children. Participants will learn tangible skills and interventions to discuss therapeutic processes with parents and be able to understand and explain appropriate developmental progress of children's mental health from a neurobiological and attachment perspective.

LEARNING OBJECTIVES:

At the end of this course, participants will be able to:

- Discuss the basics of child development from an attachment, neurobiological perspective.
- State at least four reasons to include parents/primary caregivers in mental health treatment with children.
- Name at least four techniques to engage families in therapy from a play-based approach.

INSTRUCTOR INFORMATION:

Jessica Holzer, LMFT is a Registered Play Therapist Supervisor (RPT-S) passionate about working with children and their families to promote positive connections and attachment in the parent-child relationship. Jessica is the owner and founder of Connected Care Family Counseling, a private practice in Scripps Ranch, an AAMFT-Approved Supervisor providing supervision to all levels of clinicians, and an adjunct faculty member in multiple MFT programs. Outside of being a therapist, Jessica enjoys spending time with her family in outdoor adventures, crafting, playing board games, and being an avid reader.

COST:

This workshop is offered free of charge to PFCS staff. \$50 for non-PFCS staff.

TO REGISTER:

Follow this [LINK](#) to register. For more information contact cduvall@pfcs.agency. if you are unable to attend after registering, please contact ebotz@pfcs.agency 24 hours prior.

ACCOMMODATIONS:

To request accommodations for special needs, please email ebotz@pfcs.agency.

GRIEVANCES:

To obtain the grievance policy or to report a grievance please email cduvall@pfcs.agency or call 760.741.2660

CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

Course meets the qualifications for 3 hours of continuing education credit for LMFT's, LCSW's, LPCC's and LEP's as required by the California Board of Behavioral Sciences.