

HEALING THROUGH UNDERSTANDING: INTEGRATING PERSONAL LOSS INTO SUICIDE PREVENTION

September 24, 2024
9:00 A.M. - 4:00 P.M.

Joya Kitchen
10275 Science Center Drive
San Diego, CA 92021

There will be a one hour lunch break.
REGISTRATION OPENS AT 8:30 a.m.



TARGET AUDIENCE:
**THIS COURSE IS DESIGNED FOR MENTAL
HEALTH PROFESSIONALS IN BOTH PRIVATE
AND GROUP PRACTICE.**

COURSE DESCRIPTION & EDUCATIONAL GOALS:

Suicide. It's one of the most stress-inducing topics to deal with in therapy. Almost every therapist will treat a client who is struggling with suicide. It is important to know the value of being trained in suicidal ideation, history of attempts, resources available and law and ethics when developing a proper treatment plan for clients. Whisper Snyder speaks from loss and experience to provide the tools and knowledge to feel better equipped when working with those struggling with suicide.

Participants will improve their ability to assess suicide risk, identify warning signs, and respond effectively. They will gain confidence in discussing suicidology, collaborate with clients to create safety and wellness plans, and manage crises using a comprehensive approach. Additionally, participants will learn the importance of proper documentation to protect both their clients and their professional practice.

LEARNING OBJECTIVES:

- Participants will be able to operate 2 evidence-based assessments to know their clients' risk level for danger
- Participants will be able to describe 4 preventive factors for suicide
- Participants will be able to identify 3 legal and ethical responsibilities when clients present with suicidal ideation.
- Participants will be able to develop a comprehensive 5-point safety plan.
- Participants will be able to apply 6 strategies for handling survivors of guilt

INSTRUCTOR INFORMATION:

Whisper Snyder is a Licensed Marriage & Family Therapist . She has provided counseling services for a wide range of complex trauma cases in nonprofits, schools, and in private practice. Whisper is recently certified in Eye Movement Desensitization and Reprocessing (EMDR) and Complex Trauma PTSD. She is a two-time survivor of suicide and has a passion to help those who are struggling with suicide.

COST:

This workshop is specially priced at \$75 for and includes a light breakfast & lunch.

TO REGISTER:

Follow this [LINK](#) or scan the QR code below to register. For more information contact cduvall@pfcs.agency. if you are unable to attend after registering, please contact cduvall@pfcs.agency 24 hours prior.

ACCOMMODATIONS:

To request accommodations for special needs, please email cduvall@pfcs.agency.

GRIEVANCES:

To obtain the grievance policy or to report a grievance please email cduvall@pfcs.agency or call 760.741.2660

CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

**This course meets the
qualifications for 6 hours of
continuing education credit for
LMFT's, LCSW's, LPCC's and
LEP's as required by the
California Board of Behavioral
Sciences.**

