

## TELEHEALTH: LEGAL AND ETHICAL COMPLIANCE TRAINING FOR CA MENTAL HEALTH PROVIDERS

March 17, 2025  
9 A.M. - 12:15 P.M.  
1002 E. Grand Avenue  
Escondido, CA 92025

There will be one 15 minute schedule break.

### COURSE DESCRIPTION & EDUCATIONAL GOALS:

This workshop is intended to deepen participants' understanding of the advancement of telemental health. Topics to be discussed include: Measures to protect clients and providers legally and ethically; Ways to ensure providers are compliant with current Federal and CA State telemental health services practice guidelines.

After completing this course, participants will be able to provide ethically and legally sound telemental health services compliant with Federal and CA State regulations and feel confident in their knowledge to execute competent telemental health services.

The workshop is three hours in length. The information provided in this workshop, and in any accompanying handouts and related materials is intended for educational purposes only. It should not be considered to be legal advice, or a substitute for consultation with a qualified professional regarding such content.

### LEARNING OBJECTIVES:

- Participants will identify the most common legal and regulatory considerations of providing telehealth services.
- Participants will name the four mandatory steps required to occur prior to initial telehealth service delivery in CA.
- Participants will name the three requirements that must be documented at the beginning of each telehealth session.
- Participants will be able to identify 3 potential ethical risks in the provision of telemental health with children, couples, families.
- Participants will be able to identify 3 ways to mitigate risk of ethical violations in the provision of telemental health with children, couples, and families.

### INSTRUCTOR INFORMATION:

Elizabeth J. Nua is a Licensed Marriage and Family Therapist. Since COVID she has completed and presented numerous trainings on telemental health best practices. Elizabeth also has a private practice delivering telemental health services to CA residents and coaches other Therapists in how to start a private practice.

Nicole Asencio holds both a Doctorate degree and a Master's degree and corresponding licenses in Marriage and Family Therapy. Nicole is an active member with: CAMFT; AAMFT; IOCDF. Dr. Asencio is an Adjunct Professor at Alliant International University.



### TARGET AUDIENCE: THIS COURSE IS DESIGNED FOR MENTAL HEALTH PROFESSIONALS IN BOTH PRIVATE AND GROUP PRACTICE.

#### COST:

This workshop is offered free of charge to PFCS staff.

#### TO REGISTER:

Follow this [LINK](#) to register. For more information contact [ebotz@pfcs.agency](mailto:ebotz@pfcs.agency). *if you are unable to attend after registering, please contact [ebotz@pfcs.agency](mailto:ebotz@pfcs.agency) 24 hours prior.*

#### ACCOMMODATIONS:

To request accommodations for special needs, please email [ebotz@pfcs.agency](mailto:ebotz@pfcs.agency).

#### GRIEVANCES:

To obtain the grievance policy or to report a grievance please email [cduvall@pfcs.agency](mailto:cduvall@pfcs.agency) or call 760.741.2660

#### CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

**Course meets the qualifications for 3 hours of continuing education credit for LMFT's, LCSW's, LPCC's and LEP's as required by the California Board of Behavioral Sciences.**