

INTRODUCTION TO NEURODIVERSITY & NEURODIVERSITY AFFIRMING CARE

March 21, 2025
1:00 p.m. - 4:14 p.m.

Lakehouse Resort - Heartwood Room
1025 La Bonita Drive
San Marcos, CA 92069

There will be a one 15 minute break.
REGISTRATION & REFRESHMENTS: 12:30 P.M. - 1:00 P.M.



TARGET AUDIENCE:
THIS COURSE IS DESIGNED FOR MENTAL HEALTH PROFESSIONALS IN BOTH PRIVATE AND GROUP PRACTICE.

COURSE DESCRIPTION & EDUCATIONAL GOALS:

This course's primary focus will be on working with neurodivergent clients more effectively in therapy. Once the foundation is set, we'll cover specific interventions, therapeutic modalities and the "how-to" of working with this population. We will lead a discussion that highlights the adaptations needed for traditional therapy methods to be more affirming and cover the common pitfalls in the application of classic mental health interventions to this population. We will explore affirming accommodations in therapy settings for neurodivergent clients as it relates to treatment outcomes.

This workshop will equip participants with a comprehensive understanding and practical skills to enhance their effectiveness when working with neurodivergent individuals in clinical settings.

LEARNING OBJECTIVES:

- Participants will be able to explain how traditional therapy methods may fall short with the neurodivergent population and why.
- Participants will name at least 3 different techniques or modalities that can be used effectively with the neurodivergent population.
- Participants will be able to state at least 3 accommodations in therapy that could positively impact treatment outcomes.

INSTRUCTOR INFORMATION:

Dr. Ruth Millican (she/her) is a licensed clinical psychologist with over a decade of clinical experience. Dr. Millican has worked in a myriad of clinical settings and has is passionately working in the area of neurodiversity affirming care.

Miranda Millican (she/her) is a Licensed Marriage and Family Therapist and co-owner of Wander Psychotherapy. Miranda leads a team of therapists who provide therapy, parent coaching, psychological assessment and support groups for the neurodivergent community in San Diego. Miranda is a queer, Autistic and ADHD therapist and applies her lived experience to her clinical work.

COST:

This workshop is specially priced at \$50 and includes a light refreshments.

TO REGISTER:

Follow this [LINK](#) or scan the QR code below to register. For more information contact cduvall@pfcs.agency. if you are unable to attend after registering, please contact cduvall@pfcs.agency 24 hours prior.

ACCOMMODATIONS:

To request accommodations for special needs, please email cduvall@pfcs.agency.

GRIEVANCES:

To obtain the grievance policy or to report a grievance please email cduvall@pfcs.agency or call 760.741.2660

CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

This course meets the qualifications for 3 hours of continuing education credit for LMFT's, LCSW's, LPCC's and LEP's as required by the California Board of Behavioral Sciences.

