

INTRODUCTION TO NEURODIVERSITY & NEURODIVERSITY AFFIRMING CARE

February 28, 2025
1:00 p.m. - 4:14 p.m.

Lakehouse Resort - Heartwood Room
1025 La Bonita Drive
San Marcos, CA 92069

There will be a one 15 minute break.
REGISTRATION & REFRESHMENTS: 12:30 P.M. - 1:00 P.M.



TARGET AUDIENCE:
**THIS COURSE IS DESIGNED FOR MENTAL
HEALTH PROFESSIONALS IN BOTH PRIVATE
AND GROUP PRACTICE.**

COURSE DESCRIPTION & EDUCATIONAL GOALS:

This course will explore what neurodiversity is, how it manifests in our clients and how our field is catching up to the rapidly growing body of information around this topic. We will reflect on our own biases and internalized ableism and how these factors color the way we see and work with this population. This course will set the foundation for future learning in the area of neurodiversity affirming care.

Participants will gain a foundational understanding of neurodiversity, including the characteristics and diagnosis of various neurodivergent conditions such as autism, ADHD, dyslexia, etc. Participants will enhance awareness of and sensitivity to the cultural factors and individual experiences that influence neurodivergent clients' lives and how these factors impact their therapeutic needs.

LEARNING OBJECTIVES:

- Participants will be able to define neurodiversity, what it is and how it manifests
- Participants will be able to explain the topics of burnout and masking
- Participants will be able to explain how neurodiversity can look different in women, girls, and other diverse groups (sexual orientation, gender, race)
- Participants will be able to identify 3 steps towards diagnostic clarification in ADHD and autistic clients

INSTRUCTOR INFORMATION:

Dr. Ruth Millican (she/her) is a licensed clinical psychologist with over a decade of clinical experience. Dr. Millican has worked in a myriad of clinical settings and has is passionately working in the area of neurodiversity affirming care.

Miranda Millican (she/her) is a Licensed Marriage and Family Therapist and co-owner of Wander Psychotherapy. Miranda leads a team of therapists who provide therapy, parent coaching, psychological assessment and support groups for the neurodivergent community in San Diego. Miranda is a queer, Autistic and ADHD therapist and applies her lived experience to her clinical work.

COST:

This workshop is specially priced at \$50 and includes a light refreshments.

TO REGISTER:

Follow this [LINK](#) or scan the QR code below to register. For more information contact cduvall@pfcs.agency. if you are unable to attend after registering, please contact cduvall@pfcs.agency 24 hours prior.

ACCOMMODATIONS:

To request accommodations for special needs, please email cduvall@pfcs.agency.

GRIEVANCES:

To obtain the grievance policy or to report a grievance please email cduvall@pfcs.agency or call 760.741.2660

CERTIFICATES:

Course completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

**This course meets the
qualifications for 3 hours of
continuing education credit for
LMFT's, LCSW's, LPCC's and
LEP's as required by the
California Board of Behavioral
Sciences.**

